



Dermatology Department

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Intradermal Allergy Testing

A procedure where small amounts of allergen are injected into the skin to determine whether your pet reacts (is allergic to) this allergen. This procedure is often done under a reversible sedative. A guide for Intradermal Testing Preparation is below.

Discontinue all drugs/topicals that interfere with the intradermal skin test (including corticosteroids)

Type of drug/topical

Topical shampoos or conditioners, e.g. Cortisoothe, Resicort

Topical ear medications, e.g. otomax, tresaderm, malotic, synotic, gentaved, tritop, malacetic-HC, burotic-HC, cortisporin-otic, cortastrin. If your pet received any ear medications that may have contained steroids, then please flush ears with a non-steroid containing ear flush 3-6 weeks prior to allergy testing to help remove any residual ear medication. (please note: mometomax may require withdrawal of 8 weeks or more)

Topical eye medications that contain steroids, e.g. NeoPolyDex, gentacin durafilm, pred acetate 3-6 weeks

Topical steroid cream, ointments, gels, sprays containing hydrocortisone, triamcinolone, betamethasone, clobetasol, etc. Examples include cortaid, cortisone 10, genesis spray, gentaved spray, gentacin spray, aristocort, cormax, clobetasol, topicort 2-6 weeks

Prednisone, prednisolone, medrol, methylprednisolone, temaril-P, dexamethasone 3-6 weeks

Triamcinolone (vetalog) 8-10 weeks

Methylprednisolone (depomedrol) 8-14 weeks

Betamethasone (betasone) 12-14 weeks

**Recommended
Withdrawal Time:**

2-4 weeks

3-6 weeks

Type of drug/topical

Antihistamines or tricyclic antidepressants that have antihistamine properties

Oral (tablets, capsules), e.g. benadryl, diphenhydramine, tivist, clemastine, chlorpheniramine, chlortrimeton, claritin, hydroxyzine, atarax, allerga, clarinex, zyrtec, amitriptyline, elavil, doxepin

Antihistamine shampoos, e.g. histacalm 5-7 days

Antihistamine sprays, e.g. benadryl spray 5-7 days

Acepromazine (tranquilizer) 2-3 days

Pramoxine containing products, e.g. ResiProx, Relief, Aveeno anti-itch cream 2-3 days

**Recommended
Withdrawal Time:**

2-3 weeks

5-7 days

5-7 days

2-3 days

2-3 days

Medications O.K. to give to or use on your pet prior to skin testing

- Most antibiotics, e.g. cephalixin, baytril, clavamox, etc.
- Antivirals
- Antifungals, e.g. ketoconazole, fluconazole, itraconazole, griseofulvin
- Heartworm preventative
- Flea control products
- Oatmeal containing products, e.g. EpiSoothe, ResiSoothe, Aveeno, etc.
- Ophthalmic cyclosporine for KCS (dry eye)
- Oral cyclosporine, e.g. Atopica, Neoral, Gengraf
- Thyroid supplementation, e.g. soloxine, thyro-tabs
- Heart medications
- Anti-seizure medications
- Any medicines necessary to maintain life should be given to your pet!

- Cytopoint injection
- Apoquel (oclacitinib maleate)

Control any skin and ear infections, as infections often increase your pet's pruritus (itchiness).

Symptomatic therapy for pruritus (itch) that may be used:

- Cool water baths with oatmeal containing products
- Barrier methods, e.g. t-shirts, baby sleepers/onsies, Elizabethian collars, socks/booties, etc.

General information

No food after 10 pm the night before skin testing. Water is O.K.

- Plan on having your pet stay with us for the day (overnight stay is not required).
- A post-card sized "box" will be shaved on your pet's lateral thorax (side of the chest).
- Most dogs are sent home in t-shirts—the t-shirts may be removed the evening of the skin test or the next day.